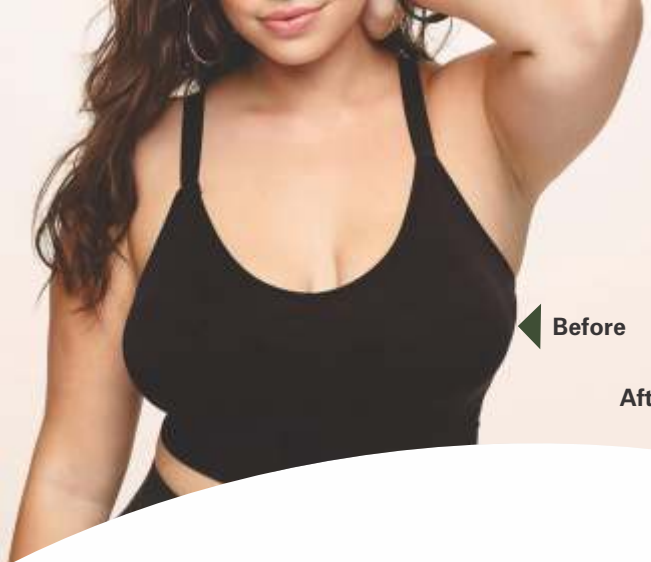


BREAST REDUCTION



What is breast reduction?

Breast reduction is an invasive procedure that involves in the removal of excess breast fat, glandular tissue and skin to achieve a breast size in proportion with your body and not only does this surgery result in a smaller, perkier bust, it can also help eliminate the back, shoulder, and neck pain that's often caused by large breasts.



Best Candidates

A scheduled consultation with our experienced plastic surgeons decide this and the best candidates for surgery are:

- If your breast size is very large and limits your physical activities.
- Anybody feeling very conscious about enlarged breasts can be an ideal candidate.
- Healthy women of any age are ideal candidates.
- If you have shoulder imprint from bra straps
- If you have skin becomes irritant beneath the breast crease

Before Surgery

Patients will need to undergo some health tests to ensure they are fit for surgery and recommendations may be made.

- All aspirin and anti-inflammatory drugs should be stopped at least 2 weeks before surgery.
- Those who are anaemic will be asked to take iron supplements.
- No drinking/smoking a week prior to surgery.



During Surgery

Patients may receive a general anaesthetic before the surgical procedure, which may last about 1 to 4 hours.



6-8
WEEKS

Post Surgery

After the surgery, bandages and drains will be fitted to the particular area. Antibiotics and pain killers will also be given. Follow - up appointments if required for suture removal will be scheduled. There may be slight bruising and numbness in the particular area which will reduce in 6-8 weeks.

Results

Depending on how your body is healing, the total recovery time for breast reduction surgery is 4-6 weeks. The results of this procedure will be long-lasting. Your new breast size should help you relieve from the pain and physical limitations which you have been experiencing prior to the breast reduction. Your better proportioned figure will likely enhance your self-image.





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