

Hair Transplant



A person's hair is an important part of his/her identity. A head full of luxurious hair can signify a lot of things, including good health, youthfulness, confidence, and attractiveness.

What causes scalp hair loss?

Every human being experiences hair fall and hair thinning in their lifetime. It can be the result of heredity, hormonal changes, medical conditions or medications.

Other possible causes include:

- Damage to the hair due to hair care products, such as dyes and permanents, and from hot rollers, curling irons, or hair dryers.
- Hair-pulling or hair-twisting habits.
- Side effects of medicines or medical treatments, such as chemotherapy or radiation therapy.
- Diseases, such as lupus and hyperthyroidism.
- Poor nutrition, especially lack of protein or iron in the diet.
- Due to stress.

A good candidate for this surgery includes:

- Having a good state of health
- Hair texture- coarse or fine
- Size of area to be covered
- Whether or not previous grafting has been done
- Contrast between the patient's hair or skin colour
- Patients goal and expectation

It is important that you work with your hair transplant physician to set realistic expectations about what results you expect from your procedure.

Deciding to get a hair transplant is a huge decision with many different aspects to consider, from picking the right transplant clinic to deciding when the best time to get a transplant is. A variety of different factors come into play when deciding the best time for you to get a transplant. There is no set age on when is the best time to get a hair transplant but in some cases, you might be too young, and your hair loss may not be severe enough.

What can be done about male pattern Hair Loss?



More options are now available for people who have the thinning of hair: -

- Effective medical treatments are available in the form of pills and topical liquid. But long-time treatment is required for it to be effective.
- Surgical hair restoration provides permanent solution for hair loss
- Cosmetic enhancers like Coloured, powdery fibre sprinkles are commercially available and may work to camouflage balding areas. These coloured sprinkles have special properties that help them attach to hair and give a fuller appearance.
- Hairpieces or hair weaving are used as a temporary solution for thinner hair. It is a mesh is attached to the remaining hair and artificial or human hair of similar colour and texture is woven with existing hair.

Hair Transplant surgery

Follicular unit transfer (FUT) - Follicular unit transplant (FUT) is the traditional hair transplant method which involves extracting a linear strip of hair bearing skin from the back or the side of the scalp. The strip is then dissected to separate individual grafts.

Hair transplant surgery is considered as a minor outpatient surgery. This surgery usually takes from 3-8 hours and is usually performed under local anaesthesia. Sometimes even mild sedative supplements are also given. Patients are often awake during the surgery and they are quite relaxed because of the sedatives. Very little discomfort is felt during the surgery.

The donor area where the grafts have been harvested are usually closed with a few stitches. Whereas in the recipient's sites, the stitches are quite small and superficial and hence no visible scars will be noticed.

FUE



Follicular transfer it is also well known as Follicular unit extraction. It is one of two primary methods of obtaining follicular units, naturally occurring groups of one to four hairs, for hair transplantation. The other method is called strip harvesting. The Individual follicular units are extracted directly from the hair restoration patient's donor area, ideally one at Follicular transfer it is also well known as Follicular unit extraction. It is one of two primary methods of obtaining follicular units, naturally occurring groups of one to four hairs, for hair transplantation. The other method is called strip harvesting. The Individual follicular units are extracted directly from the hair restoration patient's donor area, ideally one at a time in the process of FUE. It varies from strip-harvesting because, in strip harvesting, a strip of skin is removed from the patient and then dissected into many individual follicular units.

Who are the best candidates for hair restoration surgery?

When should I start treatment

After surgery instructions



Post-surgery, your scalp may be very tender. You may need to take pain killers for several days. Your surgeon will have you wear bandages over your scalp for at least a day or two. He may also prescribe an antibiotic or an anti-inflammatory drug for you to take for several days. Most people can return to work 2 to 5 days after the operation.

Within 2 to 3 weeks after surgery, the transplanted hair will fall out, but you should start to notice new growth within the next few months. Majority of the people will see 60% of new hair growth after 6 to 9 months.

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